

TRURO EMERGENCY MANAGEMENT AGENCY

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In these difficult times there is help available. As your community's Emergency Management Director, I recommend that every household order the free FEMA publication entitled: "*Are You Ready?*" This 200 page book covers provides practical advise for many emergency situations and explains how to develop a Family Disaster Supplies Kit.

Doug Forbes, Local Coordinator for the Massachusetts Emergency Management Agency said that "*Are You Ready?*" is the most accurate and comprehensive emergency guidebook of its kind available today.

Are You Ready? An In-depth Guide to Citizen Preparedness (IS-22) is FEMA's most comprehensive source on individual, family, and community preparedness. The guide has been revised, updated, and enhanced in August 2004 to provide the public with the most current and up-to-date disaster preparedness information available.

Are You Ready? provides a step-by-step approach to disaster preparedness by walking the reader through how to get informed about local emergency plans, how to identify hazards that affect their local area, and how to develop and maintain an emergency communications plan and disaster supplies kit. Other topics covered include evacuation, emergency public shelters, animals in disaster, and information specific to people with disabilities.

Are You Ready? also provides in-depth information on specific hazards including what to do before, during, and after each hazard type. The following hazards are covered: Floods, Tornadoes, Hurricanes, Thunderstorms and Lightning, Winter Storms and Extreme Cold, Extreme Heat, Earthquakes, Volcanoes, Landslide and Debris Flows (Mudslide), Tsunamis, Fires, Wildfires, Hazardous Materials Incidents, Household Chemical Emergencies, Nuclear Power Plant, and Terrorism (including Explosion, Biological, Chemical, Nuclear, and Radiological hazards).

Are You Ready? order your free book by calling FEMA at 1-800-480-2520.

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